



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENU FOR FOLSOM ELEMENTARY SCHOOL
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes	3 Hot Dog w/Chili Chilled Fruit Hot French Fries Bayou Baked Beans	4 National Taco Day Beef Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	5 Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Moist Yellow Cake w/ Icing	6 PARISH FAIR HOLIDAY
9	10	11	12	13
NATIONAL SCHOOL LUNCH WEEK - Recipes for Success				PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
Delicious Chicken Tenders Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	Loaded Potato Bar w/Chili Chilled Fruit Garden Green Salad Fresh Baked Breadstick	Crispy Fish Strips (PK - 3 rd) Fried Catfish(4 th & 5 th) Chilled Fruit Bayou Baked Beans Creamy Mashed Potatoes Fresh Baked Breadstick	NATIONAL GUMBO DAY Chicken Gumbo w/Rice Chilled Fruit Fresh Carrots Fresh Cucumbers School Made Roll Fudgy Brownie	
16 Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Rice w/Gravy Texas Toast	17 NATIONAL PASTA DAY Macaroni Wiggle Fruity Raisins Green Peas and Fresh Crisp Carrots Texas Toast Fudgy Brownie	18 Finger Lick'n BBQ Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	19 Meatball Sub Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cupcakes	20 Homestyle Hamburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Hot French Fries Chocolate Chip Cookie
23 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	24 Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	25 White Beans w/Sausage Frozen Fruit Cups Fresh Crisp Carrots Fresh Baked Breadstick Fluffy Rice	26 Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	27 Sloppy Joe Sandwich Fresh Broccoli Bites Hot French Fries Fresh Baked Roll Rice Krispie Treat
30 Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	31 Hot Dog w/ Chili Chilled Fruit Hot French Fries Bayou Baked Beans		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.