



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR FOLSOM ELEMENTARY
NOVEMBER 2018**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75 | AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich | | 1 Hot Dog Chili Chilled Fruit Hot French Fries Bayou Baked Beans Fresh Baked Bun | 2 BBQ Pulled Pork Sandwich Chilled Fruit Whole Kernel Corn Garden Green Salad Fresh Baked Chocolate Chip Cookie |
| 5 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll | 6 ELECTION DAY (Schools Closed) | 7 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick | 8 Roasted Turkey Sweet Potato Casserole Broccoli Crown Florets Fruit Salad Cranberry Sauce Cornbread Dressing w/ Gravy Fresh Baked Roll | 9 Classic Chicken Sandwich (1 st -5 th) Classic Chicken Slider(PK -K) Bayou Baked Beans Chilled Fruit Crisp Green Lettuce Hot French Fries Fresh Made Oatmeal Cookie |
| 12 Chinese Orange Chicken Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Rice Texas Toast | 13 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick | 14 BBQ Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit | 15 National Healthy Lunch Day Mini Cheese Ravioli w/Mariana OR Meatball Sub-(4 th & 5 th) Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick OR Sub Roll Cupcake | 16 Homestyle Cheeseburger Chilled Fruit Crisp Green Lettuce Hot French Fries Fresh Baked Chocolate Chip Cookie |
| 19 THANKSGIVING HOLIDAY | 20 THANKSGIVING HOLIDAY | 21 THANKSGIVING HOLIDAY | 22 THANKSGIVING HOLIDAY | 23 THANKSGIVING HOLIDAY |
| 26 Cheesy Chicken Quesadilla Chilled Fruit Salsa Whole Kernel Corn Chewy Oatmeal Cookie | 27 Sloppy Joe Sandwich Chilled Fruit Fresh Crisp Carrots Hot French Fries Bayou Baked Beans Fresh Baked Bun Fudgy Brownie | 28 Taco Salad w/ Corn Chips Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick | 29 Crispy Fish Strips (PK - 3 rd) Southern Fried Catfish(4 th - 5 th) Bayou Baked Beans Chilled Fruit Fresh Broccoli Bites Creamy Mashed Potatoes OR Fresh Baked Potato Fresh Baked Breadstick | 30 Delicious Chicken Bites Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast |
| This institution is an equal opportunity provider. Menus are subject to change. | | | | |